

Day 1

Students from Catalonia, Greece and North Macedonia visited our country. The first day of the visit was spent on sightseeing the school and ecological activities, during which we learned about ways of reducing low emissions. The students solved quizzes, puzzles and carried out experiments. In the afternoon, we hosted a folklore group from Chojny, who presented us with traditions of St. John's Night. We had a lot of fun learning regional dances. In the meantime we tried traditional Polish dishes: pierogi, gołąbki, smalec, bigos and pickles.









Day 2

The second day of our mobility was very intensive. On Tuesday we visited the headquarters of the Voivodeship Fund for Environmental Protection and Water Management in Lodz, where we participated in the ecological workshop "We advise - You save. Energy consulting project. Then we showed our guests Piotrkowska street and other interesting places in Łódź.





Day 3

On Wednesday, thanks to the hospitality of the Izodom 2000 Polska company from Zduńska Wola, we got to know the technology of building passive and low-energy houses. We participated in a lecture and workshops where we could see for ourselves how quickly such a house can be built. In the afternoon we took part in a

nature competition. At the end of the day, we followed Commissioner Dymski through the streets of our town and solved a riddle about low emission in Sieradz. All the participants enjoyed the street game very much.







Day 4

On the fourth day of the mobility we took our partners to two beautiful places in Poland. The first was the Ojców National Park, which delighted us with its natural

beauty. We entered the Dark Cave, which is home to many species of bats. Then, at the University of Science and Technology in Krakow, we attended a lecture and workshop prepared by the Krakow Smog Alarm group. We learned the secrets of air quality testing in laboratory conditions. At the end of the day, we visited the most important historic places in Krakow and we saw the influence of low emission on the condition of the monuments.







Day 5

Friday was the day of summaries. We started with evaluating the mobility in Poland using the 'Bono hats' method. The students made posters and presented their opinions about the project. The headmaster and our special guest - Mr Paweł Osiewała, the president of Sieradz, handed out prizes to the winners of the art competition "My town in 30 years", the maths-nature competition "My mission - low emission" and the ecological quiz. We sweetened our sorrow at the end of the mobility with a delicious cake. Participation in the project was a great opportunity to exchange experiences, broaden knowledge on low emission, increase environmental awareness and improve language skills, but also to make new friends and acquaintances.











